



# October 2009

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22 TSR - AGM	23 NOD - AGM	24 NOD - AGM
25	26	27	28	29	30	31
				<b>Dryland Schedule (Oct. – Dec. 2009)</b> -E1/E2 - Sun1-2PM – Rehab + -K/J – Mon 4:15PM – 6PM – Rehab + -K/J - Tues/Thurs 4:30PM – 6PM – Northern College		



# November 2009

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
8	9	10	11	12	13	14 Kamiskotia & TSR Ski Swap and Wax Day
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					
				<b>Dryland Schedule (Oct. – Dec. 2009)</b> -E1/E2 - Sun1-2PM – Rehab + -K/J – Mon 4:15PM – 6PM – Rehab + -K/J - Tues/Thurs 4:30PM – 6PM – Northern College		



# December 2009

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
6 TSR BINGO	7	8	9	10	11	12
13	14 Tremblant Pre-Season TSR Camps E1 & E2 (AOS) K & J (NOD)	15 Tremblant Pre-Season TSR Camps E1 & E2 (AOS) K & J (NOD)	16 Tremblant Pre-Season TSR Camps E1 & E2 (AOS) K & J (NOD)	17 Tremblant Pre-Season TSR Camps E1 & E2 (AOS) K & J (NOD)	18 Tremblant Pre-Season TSR Camps E1 & E2 (AOS) K & J (NOD)	19
20 TSR BINGO	21	22	23	24	25	26
27 Xmas Camp	28 Xmas Camp	29 Xmas Camp	30 Xmas Camp	31		
				<b>Dryland Schedule (Oct. – Dec. 2009)</b> -E1/E2 - Sun1-2PM – Rehab + -K/J – Mon 4:15PM – 6PM – Rehab + -K/J - Tues/Thurs 4:30PM – 6PM – Northern College		



# January 2010

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

					1	2 Xmas Camp
3 Xmas Camp TSR BINGO	4 Xmas Camp	5 Xmas Camp	6	7	8 K/J Hill Training Noon - End Day	9
10	11	12	13	14	15 K/J Hill Training Noon - End Day	16
17 TSR BINGO	18	19	20	21	22 K/J Hill Training Noon - End Day	23
24 Ski-a-Thon	25	26	27	28	29 K/J Hill Training Noon - End Day	30 Boreal Cup - Timmins - open to all racers
31 Boreal Cup - Timmins - open to all racers						



# February 2010

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5 K/J Hill Training Noon – End Day	6
7	8	9	10	11	12 K/J Hill Training Noon – End Day	13 Dual City Slalom – North Bay/Sudbury (K/J NOD Race -E2's invited)
14 Dual City Slalom – North Bay/Sudbury (K/J NOD Race -E2's invited) TSR BINGO	15	16	17 SSM Mealy Classic ( K/J NOD Race) -Training Day to be confirmed	18 SSM Mealy Classic ( K/J NOD Race)	19 SSM Mealy Classic ( K/J NOD Race)	20 SSM Mealy Classic ( K/J NOD Race)
21 SSM Mealy Classic ( K/J NOD Race)	22	23	24	25	26 K/J Hill Training Noon – End Day	27
28 TSR BINGO						



# March 2010

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3 K1 Provincials - Collingwood	4 K1 Provincials - Collingwood	5 K1 Provincials - Collingwood K/J Hill Training Noon - End Day	6
7	8	9	10 K2 Provincials - Calabogie	11 K2 Provincials - Calabogie	12 K2 Provincials - Calabogie	13 K2 Provincials - Calabogie
14 TSR BINGO	15	16	17	18	19 K/J Hill Training Noon - End Day	20 NOD Nancy Greene Finals SSM (E1/E2)
21 NOD Nancy Greene Finals SSM (E1/E2)	22	23	24	25	26 Timmins Slalom Derby (K/J NOD Race)	27 Timmins Slalom Derby (K/J NOD Race)
28 Timmins Slalom Derby (K/J NOD Race) TSR BINGO	29	30	31			



# April 2010

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

				1	2	3
4	5	6	7	8	9	10
11 TSR BINGO	12	13	14	15	16	17
18	19	20	21	22	23	24
25 TSR BINGO	26	27	28	29	30	



# May 2010

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

						1
2	3	4	5	6	7	8
9 TSR BINGO	10	11	12	13	14	15
16	17	18	19	20	21	22
23 TSR BINGO	24	25	26	27	28	29
30	31					



# June 2010

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

		1	2	3	4	5
6 TSR BINGO	7	8	9	10	11	12
13	14	15	16	17	18	19
20 TSR BINGO	21	22	23	24	25	26
27	28	29	30			



# July 2010

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

				1	2	3
4 TSR BINGO	5	6	7	8	9	10
11	12	13	14	15	16	17
18 TSR BINGO	19	20	21	22	23	24
25	26	27	28	29	30	31